

VITA

LINDA LEE, PSY.D.

Independent Affiliate of Northwest Psychological Resources
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EDUCATION:

Sep. 2004 - Doctoral Program in Clinical Psychology

Dec. 2009 Antioch University New England, Keene, NH. Dept. of Clinical Psychology,
Degree: M.S., November 2007; Doctorate, May 2010; Arizona License, #4165

Dissertation: *Survey of Shamanic Practitioners' Demographics, Conceptualizations of Mental Illness, and Collaborative Potential*

2004 **Cambridge College**, Cambridge, MA. Bachelor of Arts in Psychology

Concentration: Family & Community Systems and Cross-Cultural Communication

2005 **DoveStar Institute**, Hooksett, NH. 500 hr. Massage Practitioner Program

1982 **Mount Wachusett Community College**, Gardner, MA. Associate of Arts in Fine Art

SUPERVISED CLINICAL TRAINING:

Jan. 2010 - Postdoctoral Resident Psychologist

June 2011 Counseling Associates, Naples, FL; Supervisor: Deborah Harrison, PhD

Within a private group practice, provide psychotherapy and assessment for children, adolescents, adults, and seniors. Provided individual, family, and couples therapy, and preoperative (bariatric, spinal cord stimulator implant, in vitro fertilization) and psychological evaluations. Developed *Resiliency and Stress Management in Tough Economic Times* presentation for hospital employees. Training and utilization of Gottman Method Couples Therapy, mindfulness practice, and art and play therapy.

Aug. 2009 - Forensic Psychometrician

Dec. 2009 Highland Psychological Services, Manchester, NH; Supervisor: Eric Mart, PhD

Within a private forensic practice, assisted in the preparation, research, and set-up of court-ordered and private assessments including child custody and competency evaluations.

Aug. 2008 - APA Accredited Predoctoral Internship: Youth and Adult Outpatient Services

July 2009 Wasatch Mental Health, Provo, UT; Supervisors: Randall Pennington, PsyD, Geri Alldredge, PhD

Within a community mental health center, provided biopsychosocial intervention and assessment for SED/SPMI populations including young children, adolescents, and adults. Provided individual, group, family, and couples therapy for complex and frequently traumatized population. Administered psychological, disability, and neuropsychological assessment, parental fit evaluations, and autism screenings. Developed, recruited, and provided outcome measurement for 2 pilot programs: Hope & Empowerment ~ Expressive Therapies for Adult Survivors of Childhood Sexual Abuse, and Strengthening Families, a collaborative court-mandated family and parenting intervention with DCFS. Weekly child and play therapy supervision and training covered Theraplay, the Marschack Intervention Method, Filial therapy, Child-Parent Relationship Therapy, and child-centered play therapy. Participated in interdisciplinary team meetings, case conferences, didactic training, and individual and group supervision. Collaborated and consulted with health care and medication providers, social workers, residential treatment providers, case managers, school based personnel, and crisis team members.

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Sept. 2007 - Clinician: Assessment and Therapy

May 2008 New Hampshire Hospital, Concord, NH; Supervisor: Clifford Dempster, PhD

Within an inpatient hospital/milieu setting for adults, provided individual therapy and assessment for a severely mentally ill population. Co-facilitated weekly art therapy group, sensory integration group, DBT/Empowerment group, and PTSD group. Assisted in the redesign of Empowerment group to have a mindfulness practice focus. Participated in daily team meetings, psychiatric medication reviews, treatment conferences, and supervision. Conducted comprehensive batteries for psychological evaluations, integrating clinical interviews and milieu observation with data from a variety of assessment instruments.

Sep. 2007 - Assessment Assistant, Student Training Program

June 2008 Antioch Psychological Services Center, Keene, NH; Supervisor: Susan Hawes, PhD

Supervised the clinical assessment work of other student clinicians, including individual and group training, monitoring of the assessment process, individual consultation to clinicians on an as needed basis. Provided administrative support and case management. Assessment cases include learning disabilities, psychological assessment, and court-ordered evaluations.

Sep. 2006 - Clinician: Therapy and Assessment

July 2007 Antioch Psychological Services Center, Keene, NH;
Supervisors: Martha Straus, PhD; Susan Hawes, PhD

Within a community mental health clinic provided individual, group, couple, and family therapy for children, adolescents, and adults and comprehensive case management. Administered, scored, interpreted, and integrated clinical interviews for comprehensive batteries for learning disability, ADHD, and court-ordered evaluations. Client population included community members, college students, and referrals from the Division of Children, Youth and Families (DCYF). Diagnoses included adjustment, relational and health disorders, substance abuse, complex trauma and abuse issues, mood disorders, grief, and personality disorders. Case conceptualization and treatment planning from various theoretical frameworks based on client need and presentation. Participated in weekly Child and Family Therapy training, 6-week Transrational Dynamic Therapy training, and bi-weekly in-service training seminars.

Sep. 2006 - In-Service Training Coordinator

May 2007 Antioch Psychological Services Center, Keene, NH;
Supervisor: Victor Pantesco, EdD

While a clinician at Antioch Psychological Services Center, planned and coordinated the scheduling of guest speakers for bi-weekly in-service training seminars. Topics included: executive functioning and the BRIEF, art as an assessment tool, child therapy, working with couples, risk assessment, substance abuse and adolescents, sexuality in couples, adolescent attachment, feminism, and Intervention for substance abuse.

Dec. 2006 - Clinician: Cardiac Rehabilitation Unit

July 2007 Dartmouth Hitchcock Medical Center, Keene, NH; Supervisor: Victor Pantesco, EdD

Facilitated on-going 6-week psychoeducation program for a continuous flow of cardiac rehab patients. Using motivational interviewing and stages of change models, conducted intakes and

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assessed for motivation, health, social desirability, and emotional factors, particularly anxiety, depression, and hopelessness. Assessment tools included the Marlow Crowne Social Desirability Scale, Beck's Hopelessness Scale, and the SF-36. Assisted patients in creating behavior change plans for improved health and quality of life. Participated in weekly interdisciplinary team meetings, interweaving medical and psychological models.

July 2006 - Clinician: Assessment and Therapy

Aug. 2006 New Hampshire Hospital, Concord, NH; Supervisor: Clifford Dempster, PhD

Within an inpatient hospital/milieu setting for adults, provided individual therapy and assessment for a severely mentally ill population. Administered, scored, interpreted, and integrated clinical interviews and milieu observation with data from a variety of assessment instruments for full-battery psychological evaluations. Co-facilitated DBT/Empowerment and Hope, Health and Recovery groups. Diagnoses included post-traumatic stress disorder, mood disorders, mental retardation, schizophrenia and psychosis, neurological disorders, and borderline personality disorder. Case conceptualization, stabilization, and discharge planning were conducted through the lens of a medical/behavioral health model. Participated in daily team meetings, psychiatric medication reviews, treatment conferences, and supervision.

Sep. 2005 - Clinician: Assessment and Therapy

June 2006 Perkins School, Lancaster, MA; Supervisor: Lois Oberlander-Condle, PhD

Within a residential milieu setting for children and adolescents age 4-18 years, provided individual and group therapy for a complex clinical population diagnosed with PTSD, bi-polar, depression, anxiety, attachment disorder, developmental delay, learning disability, mental retardation, Asperger's, schizophrenia, and/or neurological disorders. Cases conceptualized and interventions planned using object-relations, trauma, and personality theories, from a developmental and strength-based framework. Participated in weekly interdisciplinary team meetings, monthly medication reviews, and quarterly treatment conferences. Administered, scored, interpreted, and integrated clinical interviews, milieu, and school observation with data from a variety of assessment instruments for full-battery psychoeducational and psychological evaluations.

RESEARCH & TEACHING EXPERIENCE:

Nov. - Dec. Teaching Assistant for Supervision Course

2007 Antioch University New England, Lorraine Mangione, PhD, Keene, NH

As teaching assistant, observed student dyads in practice sessions of clinical supervision, offered verbal feedback regarding supervisory process, and provided written comments for the professor following each weekly session.

Dec. 2006 - Social Justice Research Assistant

June 2008 Psychology and Practices for a Better World, Susan Hawes, PhD
Antioch University New England, Keene, NH

Explored two areas of scholarship: (1) the question of how clinical psychologists can incorporate a commitment to social justice activism into their professional practices; and (2) developing a collaborative international learning program, a project that will be initiated in the Western Cape region of South Africa. Attended meetings, acted as recorder, and provided administrative support for the group, *Psychology and Practices for a Better World*.

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- 2004-2007 Place-Based Education Project Assistant**
Program Evaluation and Educational Research (PEER) Associates, Inc., George Tremblay, PhD
AmeriCorps Service, Antioch New England Institute, Keene, NH
Assisted evaluation team with survey design, data collection, transcription of interviews, and web site development and design.
- Jan.-Aug. 2005 Tsunami Recovery Outreach**
Antioch University New England, Gargi Roysircar, PhD
Multicultural Center for Research & Practice, Keene, NH
Research and review of current literature on community disaster response, adult and child trauma, grief, self-care, and vicarious trauma, culminating in a three week immersion and field study in the coastal region of Tamil-Nadu, India. Observed and interviewed government officials, non-governmental organizations (NGOs), psychiatrists, psychologists, social workers, community level workers, and local fishing villagers to explore the community and individual responses to the tsunami disaster. Researched culture-specific beliefs, attitudes, and philosophies toward gender, mental health and healing, death, spirituality, and treatment of mental illness. Presented workshops to various NGOs, and participated in their community level training programs. Co-authored *How Disasters Affect People, Children, and Communities: Health, Help, and Assessment*.
- July-Dec. 2003 Schizophrenia Research Assistant**
McLean Hospital, Michelle Friedman, PhD, Belmont, MA
Conducted clinical interviews, recruitment, data collection, transcription and management, and library research for an intervention outcome study involving the development and evaluation of a brief psychoeducational intervention for relatives of individuals with schizophrenia.
- Feb.-July 2003 Cross-Cultural Conflict Negotiation Research Assistant**
Conflict Management Group, Theodore Johnson, JD, PhD, Cambridge, MA
Participated in literature analysis, curriculum development and design, project structure and approach for educational programs on conflict negotiation and cross-cultural communication.

PROFESSIONAL EXPERIENCE:

- June 2001 - Licensed Massage Therapist, Holistic Health Counselor, Self-Employed**
July 2008 Light-waves Holistic Health Center, Winchendon, MA
Owner, massage therapist, reiki practitioner, and holistic/spiritual counselor to facilitate health and well-being, personal growth, and goal setting and strategies for adult clients. Facilitator for weekly women's group. Teacher of yoga, meditation, and stress-reduction techniques.
- Aug. 2001 - Children's Program Director & Volunteer Coordinator**
July 2004 House of Peace & Education, Inc. (HOPE), Gardner, MA
Direct oversight of children's after school, weekend, and summer programs, and parent education programs. Client assessment and collaboration with parents, educators, agencies, and counselors to develop individualized remedial programs for children with academic, social, behavioral or special needs. Researched and developed outcome measurement scales. Planned and developed incremental program growth and capacity-building, while maintaining budgetary constraints. Prepared statistical and narrative quarterly reports. Produced agency newsletters. Recruited, interviewed and coordinated 130 volunteers annually. Developed and provided volunteer training. Planned Volunteer events.

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- 1991-2003 Graphic Designer, Self-Employed**
Inspired Designs, Winchendon, MA
Interpreted clients' visions into successful marketing tools. Designed concepts for corporate and small business markets. Website and print design.
- 1996-01 Publisher/Editor, Self-Employed**
The Kaleidoscope Journal, Leominster, MA
Wrote, edited, and designed bi-monthly regional journal. Coordinated writers, artists, printers, sales team and distribution. Conducted interviews and research for publication.
- 2000-2001 Conference/Event Planner & Travel Assistant**
Luminous Web, Northboro, MA
Coordinated educational conferences. Managed promotions and mailings, registration, accommodations and international travel. Acted as liaison between workshop/expedition leaders and participants. Traveled to Europe, Cuba, India, Egypt and Peru. Experience in Spanish, French, German, Quechua.
- 1988-1998 Production Manager**
37 Design Group, Inc., Athol, MA
Scheduled and supervised design projects through all phases of production: corporate identity, collateral materials, POP displays, packaging, trade shows, advertising, catalogs and price lists.
- 1980-1988 Graphic Designer**, held various design positions at local agencies and printers.

VOLUNTEER EXPERIENCE:

- June 2006 - Advisory Board Member**
- Aug. 2008** Massage and Complementary Health Program, Mount Wachusett C.C., Gardner, MA
- June 2004 - Dispatcher; Disaster Action Team (DAT) Member - Family Services Provider**
- Sep. 2006** American Red Cross, North Central Massachusetts Chapter, Leominster, MA
Dispatcher: Received and responded to after-hours emergency calls from fire department personnel and community members. Contacted DAT team members and coordinated emergency response team. DAT Family Services Provider: Conducted client interviews to assess family needs in current emergency situation, and provided Red Cross assistance or referrals where appropriate.
- Sep. 2004 - Group Leader/Hotline Counselor/Advocate**
- Aug. 2005** Rape Crisis Center of Central Massachusetts (RCCCM), Worcester, MA
Co-facilitated Child Sexual Assault group for adult women. Provided crisis intervention, support, information and advocacy on rape crisis hotline. Assistance provided for healing, exploring options, and for advocacy in accessing legal or medical systems.
- Sep. 2003 - Critical Incident Stress Debriefing (CISD) Team Member,**
- Aug. 2004** Community Crisis Team, Gardner, MA
Participated in the development of a community-level critical incident response team, consisting of peer-to-peer community members, mental health professionals and clergy. Provided basic group crisis intervention for community members impacted by trauma.
- Summer 2004** **Co-Facilitator, Women's Self-Esteem Group**
Battered Women's Resources, Inc. (BWRI), Gardner, MA
Co-led weekly psychoeducational program designed to develop and increase self-esteem in women impacted by domestic violence.

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- Jan.-July 2001 Tutor/Mentor**
House of Peace & Education, Inc. (HOPE), Gardner, MA
Tutored and mentored children in grades 2-6, with mild social, academic and emotional issues.
- 1998-2001 Advisory Board Member**
Computer Graphic Design Dept., Mount Wachusett Community College, Gardner, MA
- 1996-2001 Student Intern Site Supervisor**
Graphic Arts Program, Fitchburg State College, Fitchburg, MA

ADVANCED TRAINING & SEMINARS:

- 2010-11 Gottman Method Couples Therapy, Level I and Level II**
- 2010 Counseling for Couples: Understanding and Improving Love Relationships**, 8 hrs., Cross Country Education, Ft. Myers, FL
- 2010 Art, Nature, and Therapy**, 25 hrs., Cape Cod Institute
- 2004 Body-Oriented Approaches to Self-Regulation and Trauma Processing**, 8 hrs., Bessel van der Kolk and Pat Ogden, International Society for Traumatic Stress Studies (ISTSS), Toronto
- 2004 Cognitive-Behavioral Treatment for Victims of Type II Trauma**, 8 hrs., ISTSS, Toronto
- 2004 Rape Crisis Counseling**, 45 hrs., Hotline Certification, Rape Crisis Center of Central Mass, Worcester, MA
- 2004 First Aid, CPR, and Family Service: Providing Emergency Assistance**, 8 hrs., Certification, American Red Cross, Leominster, MA
- 2003 Domestic Violence**, 40 hrs., Volunteer Training, Battered Women's Resources, Inc., Leominster, MA
- 2003 The Parenting Journey**, 40 hrs., Facilitator Training Certification, The Family Center, Somerville, MA
- 2003 Critical Incident Stress Debriefing (CISD)**, 14 hrs., Basic Certification, On-Site Academy, Gardner, MA
- 2003 Assessment of Child Sexual Abuse**, 4 hrs., Children's Aid & Family Services, Inc., Gardner, MA
- 2003 Youth Violence**, 3 hrs., James Garbarino, Mount Wachusett Community College, Gardner, MA
- 2002 Treating Disaster Trauma**, 16 hrs., American Art Therapy Association, Hartford, CT
- 2002 Hypnosis/Induction Methods**, 16 hrs., Facilitator Training, DoveStar Institute, Hooksett, NH
- 2002 Key Issues in Adolescent Health**, 3 hrs., Fitchburg/Gardner Community Health Network
- 2001 Multidisciplinary Perspectives on Parenting Education**, 4 hrs., Wheelock College, Boston, MA
- 2001 Mental Health Across the Lifespan**, 4 hrs., Fitchburg/Gardner Community Health Network

AWARDS AND SCHOLARSHIPS:

- 2005, 2006 Jonathan Daniels Scholarship Award**
Antioch University New England, Keene, NH. Department of Clinical Psychology
- 2005 Multicultural Center Research and Practice Award**
Antioch University New England, Keene, NH. Department of Clinical Psychology

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- 2005, 2006** **Americorps/Campus Compact Community Service Award - awarded 2 years**
Antioch New England Institute, Keene, NH
- 2003** **Family and Community: Human Services Scholarship**
Cambridge College, Cambridge, MA, Department of Psychology/Human Services
- 1981, 1982** **Dean's List**
Mount Wachusett Community College, Gardner, MA, Department of Fine Arts
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MEMBERSHIPS:

- 2004 - Present** American Psychological Association (APA) Student Affiliate:
DIV1, General Psychology
DIV32, Humanistic Psychology
DIV42, Division of Psychologists in Independent Practice
DIV48, Society for the Study of Peace, Conflict, and Violence
- 2009- Present** Association for Play Therapy:
Florida Play Therapy Association
- 2010- Present** National Alliance of Professional Psychology Providers
- 2006-2008** Psychology & Practices for a Better World (P&PBW), *Founding Member and Recorder*
Antioch University New England
- 2001-2008** ABMP: Associated Bodywork & Massage Professionals
- 2006-2007** Antioch University New England, *Student Cabinet Representative*
- 2004-2007** American Psychological Association (APA) Student Affiliate:
DIV24, Theoretical and Philosophical Psychology
DIV36, Psychology of Religion
DIV37, Child, Youth and Family Services
DIV38, Health Psychology
DIV53, Society of Clinical Child and Adolescent Psychology
- 2004-2006** International Society for Traumatic Stress Studies (ISTSS)
- 2004-2006** Support for Ethnic and Racial Diversity (SERD)
Antioch University New England, Multicultural Center
- 2004-2006** American Art Therapy Association (AATA)
- 2004-2006** New England Art Therapy Organization (NEATO)
- 2004-2005** Psychology Students for Social Responsibility (PSY-SSR)
Founding Member, Antioch Student Association